1. Github account
2. Download and install git
3. Open the the project that you want to download onto github repository
4. Source control initialize.
5. You will be prompt to login to your repository

$ git config --global user.name "John Doe"

$ git config --global user.email [johndoe@example.com](mailto:johndoe@example.com)

If you want to check your configuration settings, you can use the git config --list command to list all the settings Git can find at that point:

In the visual studio code